

INFORMED CONSENT FOR CHIROPRACTIC CARE

(PATIENT AND DOCTOR AGREEMENT)

5290 Seminole Blvd. Suite A St. Petersburg, Fl. 33708



When a patient seeks chiropractic health care and we accept a patient for care, it is essential that both the patient and doctor to be working toward the same objective. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment. You have the right, as a patient, to be informed about the condition of your health and the recommended care and treatment to be provided so that you may make the decision whether or not to undergo chiropractic care after being advised of the known benefits, risk, and alternatives. Our office's policy is as follows: "Your body, Your, Health, Your Choice." We will recommend what we feel is the best health care advice for you; however, it is your choice to do what you want with that advice whether it be to utilize our recommendations or to seek other means of health care for your condition.

CHIROPRACTIC has only one goal, the detection and correction of the VERTEBRAL SUBLUXATION. Chiropractic is a science and art which concerns itself with the relationship between structure (primarily the spine) and function (primarily the nervous system) as that relationship may affect the restoration and preservation of HEALTH.

HEALTH: A state of optimal physical, mental, and social well-being, not merely the absence of disease, signs or symptoms.

VERTEBRAL SUBLUXATION: A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

Vertebral Subluxations are corrected and/or reduced by an adjustment. An ADJUSTMENT is the specific application of forces via hand or instrument to facilitate the body's correction of the vertebral subluxation. Our method of correction in this office is by specific adjustments utilizing the hands or an instrument as well. In addition, ancillary procedures such as physiotherapy and /or rehabilitative procedures may be included or recommended.

We do not offer to TREAT ANY DISEASES! We detect and correct vertebral subluxations as well as identify stresses the body may have on it that may limit its ability to function. We may recommend additional ancillary procedures that may benefit the reduction of these stresses however we DO NOT AND WILL NOT TREAT INDIVIDUAL DISEASES, NOR MAKE THAT CLAIM. We may have patients with certain diseases; however we treat the patient by removing and/or reducing the vertebral subluxation and their stress, not the DISEASE. If during the course of our care we encounter non-chiropractic or unusual findings, we will advise you of those findings and recommend that you seek the services of another health care provider that may specialize in that area.

Like most health care procedures, the chiropractic adjustment carries with it some risks. The POSSIBLE RISKS may include temporary soreness or increased symptoms of pain. (It is not uncommon for patients to experience temporary soreness or increased symptoms of pain after the first few treatments). Dizziness, nausea, flushing, as well as fractures, may occur (These symptoms are relatively rare). When a patient has underlying conditions that may weaken bones, like osteoporosis, they may be susceptible to fracture. It is important to notify your chiropractor if you have been diagnosed with a bone weakening disease or condition. Treatment plans will be modified accordingly. Spinal conditions like a disc herniation or bulge can potentially worsen with chiropractic care, however we take a very gentle approach to such conditions and oftentimes treatment is extremely effective. A certain extremely rare

type of stroke/cerebro-vascular injury can be associated with chiropractic care. This occurrence has been estimated at one in one million to one in twenty million but often even further reduced by cardiovascular screening procedures by our office. Other risks associated with chiropractic treatment include rare burns from physiotherapy devices.

I understand that the practice of chiropractic, like the practice of all healing arts and medicine, is not an exact science, and I acknowledge that no guarantees can be given as to the results or outcome of my care.

OTHER TREATMENT OPTIONS which could be considered may include the following:

Over-the counter analgesics: The risks of these medications include irritation of the stomach, liver, kidneys, and other side effects in a significant number of cases.

Medical Care: typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.

Hospitalization: in conjunction with medical care adds risk of exposure to virulent communicable diseases.

Surgery: in conjunction with medical care adds the risk of adverse reactions to anesthesia, as well as an extended convalescent period.

RISKS OF REMAINING UNTREATED: Delay of treatment allows a formation of adhesions, scar tissue, and other degenerative changes to take place. These changes can further reduce skeletal mobility and induce chronic pain cycles. It is quite possible that delay of treatment will complicate the condition and make future rehabilitation more difficult.

I have read or had read to me this informed consent document. I have discussed, or been given the opportunity to discuss, any questions concerning my treatment. My chiropractor explained and answered any questions/concerns to my satisfaction prior to my signing this informed consent document. I have freely decided to undergo the recommended treatment, and hereby give my full consent to treatment.

Printed Name

Signature

Date